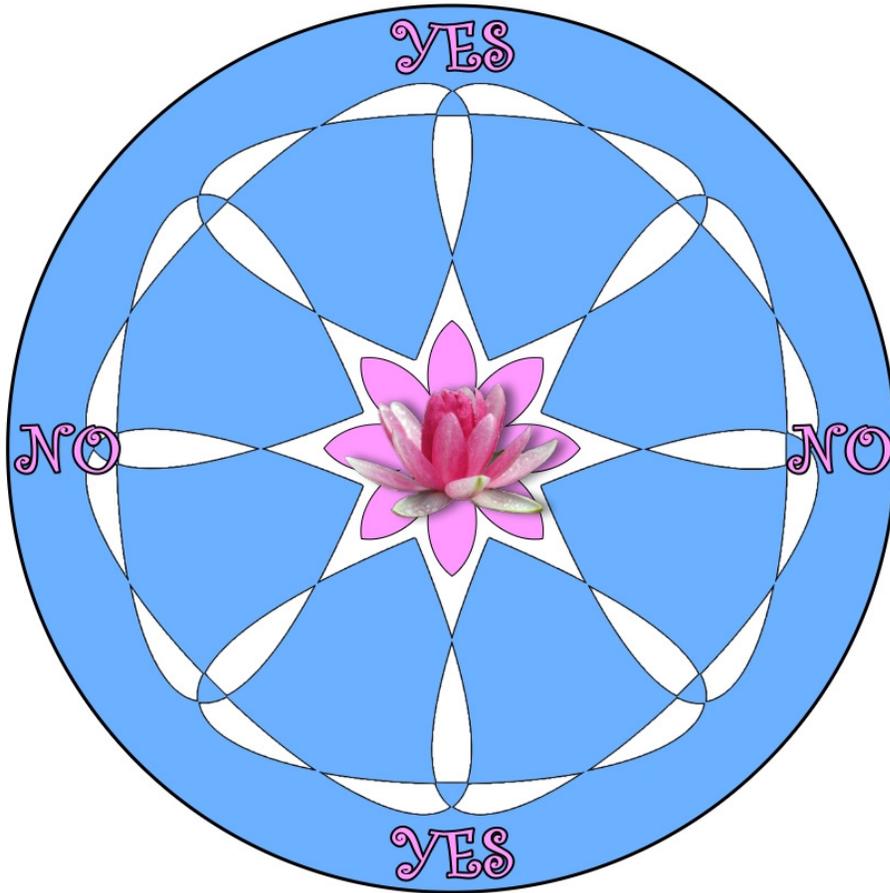
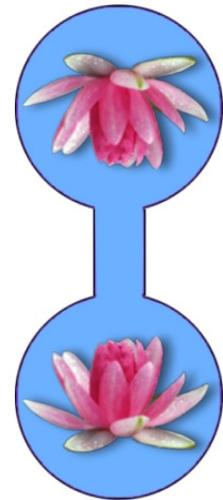


Lotus Pendulum Kit



Chart



Pendulum Base

This is a very inexpensive, fun, way to pendulum dowse when you don't own a pendulum. All you need is scissors, a bit of string, and a little glue. A piece of cardboard is optional, but will make the kit last longer.

Directions

1. Print this page
2. Glue to cardstock or cardboard (optional)
3. Cut out the chart and the pendulum base
4. Fold the pendulum base in half
5. Glue a penny or dime between the two lotus flowers (leave the neck unglued)
6. Thread a 10-12" string through the neck and tie a knot at the top

~Enjoy~

How To Use Your Pendulum

The pendulum, itself, has no power. You have the power. The pendulum is just a tool.

To begin with, use the pendulum in a quiet room. You might like to have a candle, and/or some incense burning, whatever makes you more comfortable.

For better accuracy, use your pendulum when you are fresh and full of energy and for no more than 5-15 minutes, at first.

Most people who have had unwanted communications with lower vibration beings did so because they allowed their vibration to drop. This can happen because you are tired, ill, or experiencing lower vibration emotions like fear, anger, sorrow.

So call on your angels and guides when you are feeling GOOD. They vibrate at a high level of love, joy, appreciation, and fun. They can ALWAYS hear you, but you need to be feeling good to hear them.

Begin by setting your intention as to who you are going to be communicating with and that the session is for the highest good of all.

Sit for a moment, with your eyes closed. Take a few very deep breaths. As you breathe, picture white light coming from your heart and spreading throughout your body. Picture it spreading beyond you throughout the room. Picture it spreading throughout the building and beyond. Know that this is raising your vibration. In doing this, you will be allowing easier communication with your spiritual guides, angels, higher self, etc., and energies of lower vibrations will be busy elsewhere. 😊

With elbow on the table, hold your pendulum, dangling from your strongest hand, over the center of the chart. Ask something you know, like 'is my name George?' Wait and allow the pendulum to begin moving on its own, normally up-down or left-right. It may take a minute or two. If George is your name, then that is your 'yes' movement. If not, it is your 'no'. Turn your chart to align with your yes, or no (top-bottom or left-right). Change the name and ask again, to verify your accuracy.

You can also say 'show me my maybe' and mark that on the chart. It will normally be circular or at a diagonal. When a maybe shows up, either it is not firm, yet, or you are not asking the right question.

Remember, 5-15 minutes, at first. Check your 'yes', 'no', & 'maybe', first. Begin asking your questions. When you are done, close the session. Say something like 'Thank you one and all for helping me today. I am done.' and set your pendulum down. Your helpers love appreciation!

It may also be to your advantage to have a list of questions, before you begin, so you are not sitting there tiring, thinking of what to ask next.

Most of all, have FUN!

Please share this kit with your friends, if you feel so guided! You may even offer it on your website. Please, leave everything, all text, copyright information, and footers in tact. If you enjoyed this kit, have a question, or have suggestions we would love to hear from you.

We invite you to visit www.myspirit.us, where you will find other free e-books, metaphysical information, keys for transformation, and fun stuff to do!

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